







Cricket
development
programme

CRICKET DEVELOPMENT PROGRAMME - BEGINNER

cricketdevelopmentprogramme.com

CRICKET SKILL CHECKLIST

VALIDATED BY TEACHER

I can keep the ball up on my bat for 10 hits	
I can keep the ball up with my bat for 20 hits	
I can take 2 catches whilst balancing on one leg	
I can take 4 catches whilst balancing on one leg	
I can take 6 catches whilst balancing on one leg	






CRICKET SKILL CHECKLIST

VALIDATED BY TEACHER

I have been taught how to bowl with a straight arm	
I can hit a ball between two cones that are 1 meter apart from 2 meters away	
I can hit a ball between two cones that are 1 meter apart from 5 meters away	
I can hit a ball between two cones that are 1 meter apart from 10 meters away	
I can hit a ball between two cones that are 1 meter apart from 20 meters away	

CRICKET SKILL CHECKLIST

VALIDATED BY TEACHER

I can take 3 catches in a row with my non dominant hand	
I can take 4 catches in a row with my non dominant hand	
I can take 5 catches in a row with my non dominant hand	
I scored 5 runs in speed cricket	
I scored 10 runs in speed cricket	


CRICKET SKILL CHECKLIST

VALIDATED BY TEACHER

I scored 20 runs in speed cricket	
My team won a game of speed cricket	
I can use a straight arm to bowl the ball from standing still	
I got 20 points in the game pyramids (batting)	
I got 50 points in the game pyramids (batting)	

CRICKET SKILL CHECKLIST

VALIDATED BY TEACHER

I have practiced cricket away from school	
I can get into the correct batting stance position	
I can get into the correct bowling stance position	
I have been to my local cricket club to play in the nets	
I have started CDP level 1	

Well done for completing the CDP.

Once you have had every aspect of the checklist signed off by your teacher of coach you could be the next cricket SUPERSTAR. Hand this into your teacher to receive your signed CDP certificate.

Good luck.





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